



A secret tennis park

Tennis Park Vreugd & Rust is the best kept secret jewel of the The Hague area. In the middle of nature, in the heart of Voorburg, just outside of The Hague, neighbouring the old Voorburg centre and the Herenstraat shopping area, there is Park Vreugd & Rust. Here you can enjoy your morning walks, tennis, leisure and nature. You can practice your tennis on six well-maintained all-weather courts, day and night, with our brand new flood lights.

Tennis Park Vreugd & Rust is easily accessible by car (the park is situated near the A12 and Westvlietweg, just 10-20 minutes from both The Hague and Rotterdam, with ample street parking on Oosteinde) and by public transportation (buses HTM 45,46,24) and train (Voorburg station).

TENNIS FOR EVERYONE

Playing tennis at Vreugd & Rust is affordable and accessible to anyone. You can choose to play for just one hour or rent a court for a few hours, either for the season or for a full year, in combination with a Park-card. Or you could choose to become a member of our 'in-house' tennis club Sobri www.vlcsobri.nl. At Tennis Park Vreugd & Rust you can also enjoy tennis lessons, kids clinics and workshops provided by our partner tennis schools Jan de Rook and GameCedMatch. The Park is open every day during both the summer and winter seasons, between 09.00 and 22.00. From practising your tennis skills to organising a family or company tennis competition of your own, it is all possible.

RESTAURANT & LEISURE

Like you, we are internationally oriented, and so we welcome you to our "all American" Tennis Park Vreugd & Rust Restaurant: 'The Big Cheezy', with its Grilled Cheese concept originating from New Orleans. Enjoy the latest grilled cheese creations, soups and tapas, freshly brewed coffees and much more. At 'The Big Cheezy', service, creativity and fresh ingredients are the 'centre court' of what you can expect. Throughout the year, there are competitions, activities and events you can enjoy with friends, colleagues and family.



THE 6th C&D OPEN TENNIS TOURNAMENT

Every year Tennis Park Vreugd & Rust organises an official KNI/TB Open Tennis Tournament between the 16th and 25th of June. This event is a great opportunity to take part in a tournament, meet new friends, enjoy the various entertainment activities and, of course, sample our food and have a drink on our terrace. You can register for the Open C&D tournament through our website www.vreugdenrust.nl. Registrations close on June the 10th.

THE HAGUE ONLINE INTERNATIONAL TOURNAMENT

This autumn we want to kick off with a series of brand new International Tennis Tournaments, focused on our expat community. Together with The Hague Online, we will start by organising a "get-to-know-each-other" tennis tournament including food, drinks, and tennis workshops for kids and beginners. This will provide a great opportunity to develop your network in the Netherlands, while at the same time enjoying a sporty afternoon or evening. It will be followed by a specific expat company competition, as well as a variety of family competitions.

Would you like to know more about the possibilities we offer at Tennis Park Vreugd & Rust?

Please contact us at info@vreugdenrust.nl or call us on 070 737 12 75. We are looking forward to welcoming you at Tennis Park Vreugd & Rust Oosteinde 3-5, 2271 EA Voorburg www.vreugdenrust.nl, www.vlcsobri.nl

